

## Behavioral Health Travel Benefit

Some HCA Healthcare benefit plans allow for a travel benefit of up to \$10,000 to reimburse participant travel expenses for substance abuse, eating disorders, psychiatric and adolescent services.

### *Eligibility*

- Participant is actively enrolled in a benefit plan with behavioral health Travel Benefit
- Participant travels 100 miles or more for behavioral health services at an HCA Healthcare facility

### *Eligible Expenses*

- Taxis, buses, trains, and airplanes used to go to and from the facility
- Parking fees incurred at the facility and tolls incurred to go to and from the facility
- Rental car and Gas/Fuel costs for rental car.
- Personal car travel eligible for current IRS medical mileage (\$0.20/mile for 2019) (only if no rental car is used)
- A maximum of \$50 per night per approved person may be reimbursed for lodging expense. This includes the recipient's lodging expense as well as the lodging expense of an individual traveling with the participant (for example, if a parent is traveling with a child needing care, up to \$100 per night may be reimbursed).
- All charges (lodging and transportation) must be itemized.
- Sales tax is reimbursable.

### *Ineligible Expenses (not an inclusive list, examples only)*

- No meals of any kind
- No incidentals in the facility (snacks, toiletries, clothes)
- No personal car repair or towing services
- Hotel days beyond the number of treatment days
- No personal entertainment while traveling (movies, theme park tickets, in-room movies, etc.)

### *How To Get Reimbursed*

- Keep ALL original receipts
- Credit card statements cannot be used as receipts.
- Complete an HCA Healthcare Behavioral Health Travel Reimbursement Form
- Submit completed form along with all original receipts to Optum Behavioral Health
- Submit Form and Receipts within 180 of completed travel

## Frequently Asked Questions

***Is the travel benefit available for only specific HCA Healthcare facilities?***

No, you can go to any HCA Healthcare Facility that has the needed Behavioral Health services. The travel benefit is available as long as you qualify for the Travel Benefit and you travel 100 miles or more to the HCA Healthcare facility.

***I lost my original receipt, can I submit a hand written receipt instead?***

No, hand written receipts are not accepted. Contact the service vendor and obtain a copy of the receipt.

***If I am a parent traveling with my child to take him/her for treatment, do I get reimbursed \$100 for my hotel room even for the days when he/she is staying the night in the HCA Healthcare Facility?***

No. Hotel rooms are reimbursed up to \$50 per night, per approved person staying in the room. If you have hotel stays while traveling to/from the facility, and both you and your child stay in the hotel, those days are eligible for \$100 per night (\$50/person), but nights where your child is staying overnight at the HCA Healthcare Facility, only \$50 per night is reimbursable.

***Is the \$10,000 maximum per participant or per family? Is it an annual or lifetime maximum?***

The maximum is per participant, up to twice per calendar year (once per treatment episode).

***If I disagree with an expense that was not reimbursed, can I appeal that decision?***

Yes, follow the standard appeals process.